***Westfield Cares 2018***

Attention all sophomores

**Westfield Cares 2018** is a *full-day**program*that will be offered to sophomores on *Monday, November 19, 2018*. The themes that will be covered include *substance abuse and mental health*. Participants will be engaged in authentic and interactive activities to help navigate available resources and support for themselves or for someone they know who may be struggling with substance abuse and/or mental health-related issues. This program will be launched at Westfield High School and then participants will walk from campus to the Westfields Marriott with selected faculty, security personnel and the school resource officer**.** Appropriate dress will be business casual with proper footwear for walking (high heels are not recommended), as buses will not be provided; please bring an umbrella in case of rain.

In order to participate in **Westfield Cares 2018**, students must be one of the first 300 sophomores to turn in their field trip permission form.Forms must be turned into the box labeled **Westfield Cares** on the counter in the library no later than Thursday, November 1, 2018. Those not participating in **Westfield Cares** will be in class and will have a normal academic day, so hurry and be prompt with your signed permission form!

**Westfield Cares 2018** includes a film that contains strong language, intense content, and graphic images. Should this be of concern, we encourage you to view the footage of this film prior to signing the permission form. *Chasing the Dragon* can be previewed via YouTube at:

<https://www.youtube.com/watch?v=p4B6DMM9Bqg&oref=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3Dp4B6DMM9Bqg&has_verified=1>

**What:** Westfield Cares 2018

**Eligibility:** First 300 10th grade students to turn in completed forms

**When:** Monday, November 19, 2018

**Where:** On campus and at the Westfields Marriott

**Due date for forms:** Thursday, November 1, 2018

**Westfield Cares Agenda**

8:15 – 8:45 a.m. Keynote address in the auditorium at Westfield High School

8:50 – 9:25 a.m. Participants will walk to the Westfields Marriott accompanied by selected faculty, security personnel, and a school resource officer. If your student has a mobility concern, please contact Tabatha Bragg at [tgbragg@fcps.edu](mailto:tgbragg@fcps.edu).

9:30 a.m. – 12:15 p.m. Students will participate in a film presentation on substance abuse and a presentation from a certified peer recovery specialist. Guest speakers and interactive activities will be presented in small group settings.

12:15 – 1:00 p.m. A catered Thanksgiving lunch will be provided by Westfields Marriott professionals.

1:05 – 2:20 p.m. Participants will participate in a presentation from NAMI and conclude with a performance from the Westfield High School advanced drama department.

2:20 – 2:50 p.m. Students will walk back to Westfield High School, again accompanied by selected faculty, security personnel, and a school resource officer.

2:55 p.m. Students will be dismissed from Westfield High School.